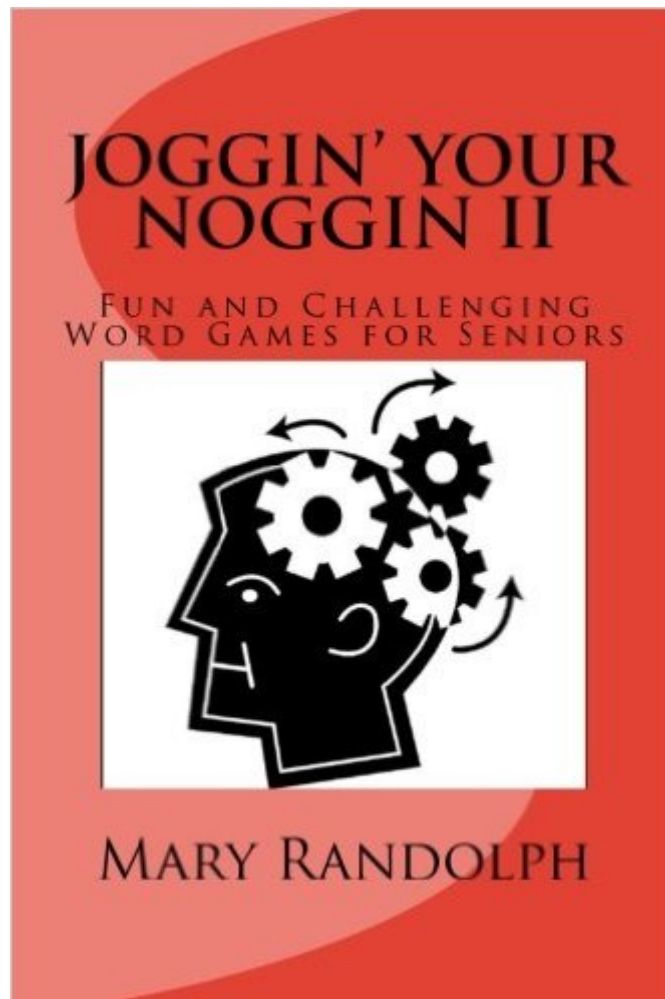


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# Joggin' Your Noggin: Fun And Challenging Word Games For Seniors



## Synopsis

This second book in the series contains slightly higher-level vocabulary, while using the same popular game format presented in Volume One. All activities are carefully designed to challenge the minds of people in mild to moderate stages of dementia. Written by a Speech-Language Pathologist, the books incorporate research-based activities to stimulate word-finding. Regardless of the level of difficulty, the games provide essential calisthenics to keep the mind active. • Unlike most Alzheimer's books aimed at caregivers, these are designed to be completed independently by individuals with the disease, giving them an opportunity for enjoyable leisure-time activity and a sense of pride and accomplishment. • When shared with caregivers, family or friends, meaningful interaction is automatic. Individual game items provide a springboard to reminisce about fond memories and create positive feelings. • The series offers activity directors or recreation therapists a wealth of ready-made content to incorporate into group activities. • The level of difficulty, based on vocabulary, varies from the simplest in Volume I to the most advanced in Volume III. Answers are provided at the back of the first two issues and following each game in the last issue. • Each book, containing 70 to 80 games, is sold at a more affordable price than similar products. • The "Joggin"™ Your Noggin" series continues to receive very positive reviews.

## Book Information

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Shipping Weight: 7.2 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars • See all reviews (18 customer reviews)

Best Sellers Rank: #278,141 in Books (See Top 100 in Books) #220 in Books > Humor & Entertainment > Puzzles & Games > Word Search #261 in Books > Humor & Entertainment > Puzzles & Games > Word Games

## Customer Reviews

This has been a fantastic series. My husband has early dementia caused by Agent Orange Parkinson's. The types of activities in the JYN books are perfect. They are a bit easy for him occasionally (according to him!), but still require him to think. He and I have discussed the various

pages, and even the \*discussion\* has helped him think. If books of this genre are even a bit too hard, he gives up. Instead, he loves JYN looks forward to doing them.P.S. If these books turn out to be too easy for your patient, then that is fantastic--please consider donating them to nursing homes. For our family, they are wonderful. I hope more books like this are published. I just opened one to show to our daughter (who is an attorney) and she thought they were great. She even enjoyed answering some of the questions. These are \*not\* game books. Don't expect dot-to-dot or crossword puzzles. These are books that ask real questions and which give the patient some dignity (because they don't "look" like easy books).

For over thirty years, I have been fruitlessly trying to get my husband to play board games. He finds them boring and bothersome. On a whim, I ordered a couple of brain game books. Holy smokes! My husband LOVES them! He says they are FUN! We do them together for fifteen minutes a day and for me it's pure joy to see my husband have a good time with the different challenges. He's really good at them too! I struck gold with this series Joggin' Your Noggin. They are wonderful and like my better half says, they are entertaining!

My mom is struggling with late stages dementia and she has lost the ability to do so many things. Being able to complete these puzzles gives her an incredible sense of accomplishment. Plus it gives her something to do, so she isn't bored in the nursing home in between their scheduled activities.

My mother has dementia, and hates other games and word find puzzles. I tried this because she has dementia and this type activity is recommended.She actually said these books are fun!! She can do the games with others or on her own. It is much better than TV watching!

I recently ordered the set of 3 books for a friend whose father has Alzheimer's. She called to thank me and told me that her mother, who is 90, is enjoying the books more than her father. She feels that they are helping her mom a lot as they are stimulating memories and conversation.

This looks quite good. There are a few questions that are too basic for someone with mild to moderate dementia or alzheimers. There are some that they may not know (and never did), but can look at the answers and maybe learn something new. Overall, I think it will be enjoyable for my Mom to do by herself and with someone.

I bought this for my hubby who has Alzheimer's Disease. I wanted to keep challenging his mind so as to maintain the mental alertness he still has. I only ask that he try and work at least 7 pages per week. This book seems to be a good source of mental stimulation for him. We're both pleased with the book.

I use this book in my work with Seniors. It has a lot of fun, short activities. Have really had a positive response. Would recommend this book!

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